



FAMILY ESSENTIALS FOR SEASONAL WELLNESS

MAKE & TAKE WORKSHOP

DISCOVER HOW ESSENTIAL OILS CAN SUPPORT YOUR FAMILY'S IMMUNITY AND HELP MANAGE SEASONAL COLDS AND FLU. LEARN ABOUT KEY OILS, PROPER DILUTION FOR ADULTS AND KIDS, AND MAKE YOUR OWN BLENDS TO TAKE HOME!

MONDAY OCTOBER 20TH
5:00-7:00PM
AT FAMILY SERVICES

LIMITED TO 10 PARTICIPANTS
REGISTER WITH NINA
NINA.ASSANCE@CHIMNISSING.CA