



Women's Medicine

Harvesting Workshop

The value of women's medicine is one to be utilized throughout a woman's life – development before puberty, throughout puberty and menstruation itself, its use in preparing for pregnancy, recovering from pregnancy and child birth, and finally throughout every imaginable menopausal symptom. This is the medicine responsible for all of these actions, this should be a part of every woman's life from the beginning, right up until the end.

Date: May 26th, 2026
Time: 11:00am
Location: Youth Centre

Facilitated By: Matt Levac

Matt is an ecology-trained land-based educator who has spent 8 years working with plant medicines and supporting Indigenous communities across Ontario through his work with Creator's Garden

Call Family Services to Register
(705) 247-2175

Limited Participants

