

Yoga Class

EVENT CENTRE FROM 3:30 PM - 4:15 PM

With DINO!

for more info: makayla.monague@chimnissing.ca

Elevate your yoga practice with the guidance of our skilled instructor. Classes have been opened to make you relax and train your body balance with yoga training! Open to community of all skill levels, 45 minute classes will be held at the Event Centre on the following dates:

January 22 and 29

February 19 and 26

March 19 and 26

April 23 and 30

