

**BE WISE.
BE SMOKE
FREE.**

**VISIT US
AT OUR
NEXT
EVENT:**

We're here to help all First Nations communities become informed about the dangers of commercial tobacco.

tobacowise.com

Chimnissing, please come join us weekly to learn about strategies to stop smoking in a fun and interactive way

Where: Rec centre

Dates: February 6, 13, 20, 27

Time: 11:00-1:30 (*light lunch provided*)

Plases contact Erica Martin NNADAP worker
705-247-8931



**"EXPERIENCE
THE DIFFERENCE
QUITTING SMOKING
MAKES."**

GLEN HARE
Deputy Grand Chief
Anishinabek Nation

