

WELL-BEING PROTOCOL FOR RESIDENTS OF CEDAR POINT AND CHRISTIAN ISLAND

Travel Advisory

Canadian medical officials have declared that the second wave of Covid-19 has arrived.

As such, the Emergency Operations Team, under the direction of Chief and Council and pertaining to the Emergency Order, remains vigilant in keeping our community safe in response. The team has met regularly and now that confirmed Covid-19 cases of the virus is rising within the province, the EOT has developed recommendations to Chief and Council to implement enhanced measures in response.

A survey was developed and posted publicly to invite community members into the decision-making process on how we respond to the second wave. We hope that you have had a chance to participate as it affects all of us.

The past six months have been a learning curve for all. We are quite fortunate in that our case level in our territory has been **ZERO**. We commend the efforts of community members for abiding by public health guidelines and EOT recommendations. We must continue to keep our focus on community health and well-being as it pertains to Covid-19.

The EOT has committed to the well-being of our community since the emergency was declared on March 16th of this year, and we continue to be a dedicated force in keeping the virus away from our community, but we continue to need the help of community members. We are all in this together. We all have an individual responsibility to ensure the safety and well-being of our community.

The EOT would like you to remember to follow public health measures in wearing masks in indoor public spaces and physical distancing yourself from others, wash your hands, and if soap and water is not available, use hand sanitizer.

Below are some changes in our community as a result of cases rising in Ontario.

Travel Advisory

The EOT is issuing a **travel advisory** to hotspots as designated by OPH (Ontario Public Health).

The EOT would like to remind everyone that there is a risk anytime we step foot outside our homes. There is an equal risk when we let into our homes, visitors that live outside our community and vice versa. This risk is no higher or lower than it has been since the onset of the pandemic. There may be a false sense of security in our community, and we need to remember that each time we leave for errands or appointments, we need to remember what we are bringing home with us.

Be diligent and wash your hands, stay 2 metres apart and wear a mask where required.

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Barrie has been identified by the EOT as an area of **caution**. Knowing that many of our family members reside in Barrie and surrounding area, we ask that you take extra care when traveling to this area.

The measures the EOT have implemented are for the health and well-being of ALL. However, the risk is elevated in areas where more and more cases are reported daily.

Only essential trips to high risk areas (medical/surgery) should be considered to travel to. The EOT designates essential trips to include food, medical, pharmacy pickups, and employment.

As has been the protocol for the past 6 months, you will be required to notify the screening staff of where you are traveling from. If you are coming from out of province, or an extended stay in one of Ontario's hotspots, **you will be required to self-isolate for 14 days**.

You may also wish to receive a Covid-19 test. Please contact the Health Centre to make an appointment. Tests are completed on Tuesdays, Wednesdays, and Thursdays.

The following is a map of the current hotspots in Ontario (September 29th, 2020).



We recommend members avoid traveling to hot spots as outlined in the map, but if you must travel to these areas for **essential reasons**, please ensure you take extra precautions, and depending which area you have visited for an extended period of time. The EOT defines an extended period of time as being 48 hours or more, from the time you left the community. If you are away for 48 hours or more in one of the designated hot spots, expect to isolate upon your return to the community.

Covid-19 testing is available by appointment at the Beausoleil Family Health Centre. **Please allow between 2 and 5 days** from the date of your return to the community to request a Covid-19 test. Results are usually available within 48 to 72 hours thereafter.

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If you receive a negative test, it only ensures that you were negative at the time your test was performed. A negative test does not preclude you from becoming infected after being tested. It is possible that you can be infected with the virus after you get tested and if you do not follow public health guidelines, you can unknowingly infect others. Please continue to self-monitor for symptoms, even if your test was negative.

Visitor Protocol

The EOT has also implemented **restricting access** to the community by persons from the hot spot areas, as shown in the map above. Photo ID will be required at Checkpoint #1 – no exceptions, any non-resident over the age of 18 will be required to provide photo identification.

Moving forward, your visit must be registered online at least 24 hours in advance, there are no longer same day visits. **ALL visits to the community MUST BE RECORDED DIGITALLY.**

Plan ahead! Requests to visit Saturday to Monday must be submitted Friday by 11:00 a.m. in order to receive approval. If you do not have your confirmation (email, pdf or screenshot) approving your request, you will be denied entry.

Link:

https://docs.google.com/forms/d/e/1FAIpQLSfAJYr5TByAFIe0U8zSVqCXPseyFisplsNGLdadBIM3lhMYnw/viewform?usp=sf_link

There will be NO paper copies available at the checkpoints. An additional field asking where your primary address has been added. If your primary address is within the hot spots, **you will not be allowed access.**

Please ensure your visit is recorded and be ready to **present your confirmation email to security personnel at check point #1.**

No digital confirmation, no access. **No exceptions!**

The visitor form is available at www.chimnissing.ca.

While on board the M.V. Sandy Graham, passengers are reminded to stay inside their vehicles at ALL times, and ALL walk-ons **MUST** wear masks for the duration of the entire trip. Physical distancing measures must also be followed onboard our ferries at all times.

This is a Transport Canada mandate and ferry captains have had to remind the public on several occasions. We all have an individual responsibility to keep ourselves, and others safe. The captains have the right to refuse passage to anyone for not following public health and safety guidelines.

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Medical Appointments

The medical pass system is again up and running. If you or a family member has a medical appointment in an area designated by Ontario Public Health (OPH), you must inform the Beausoleil Family Health Centre to confirm that you will be traveling to a high-risk area. Contact Ursula at BFHC.

A medical pass will be issued to you. Upon your return to the community, you will return the medical pass to the health screener on duty prior to boarding the ferry. If you attended a medical appointment in a high-risk area, you will be required to self-monitor for symptoms of Covid-19 upon your return. You may wish to contact the BFHC to request a Covid-19 test, however, the test must be taken between 2-5 days after your return from a hot spot.

The areas currently of high-risk are, and are subject to change:

Toronto, Peel, Ottawa & York

Social Gathering Limits and Fines

On September 19th, the Ontario government lowered the indoor social gathering limit to 10 people, and 25 people for outdoor gatherings. We are reminding everyone that these measures are applicable in our community and enforceable by APS. The fines for the event host and attendees are \$10,000.00 and \$750.00 respectively. We have been educated and aware of public health measures for the past six months, let's continue to do our part.

Upcoming Community Health Campaigns

The Ford government has revealed in its Fall Preparedness Plan that flu testing will become a priority. BFHC will be initiating a campaign for community members to get a flu shot, and if you get a Covid-19 test at the same time, you will be entered to win some amazing prizes. More information will follow.

The Beausoleil Family Health Centre would like to remind everyone to follow physical distancing guidelines, keep our social gatherings to 10 people or less indoors, our outdoor gatherings to 25 people or less, wear masks and wash our hands. Let's all commit to keeping our community safe.

Household Distribution List

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The EOT follows a general household listing to be used for the food security program. On October 7th, there will be deliveries to each household of a food box and gift card.

On October 7th, it is requested that you provide detailed information of who lives in your household and provide age groups for items that may be needed such as diapers, formula, in the event that we need to restrict travel.

It is important to note that as we approach the cold and flu season, all residents should be thinking of “stocking up” on items for your household for at least a two-week supply of goods. These are uncertain times, and all we can do is best prepare ourselves for them.

COVID Alert App

The EOT recommends mobile users to download the COVID Alert app available on your platform store.

How it works

- The app uses Bluetooth to exchange random codes with nearby phones.
- Every day, it checks a list of random codes from people who tell the app they tested positive.
- If you've been near one of those codes in the past 14 days, you'll get a notification.

COVID Alert does not use GPS or track your location and it has no way of knowing: your location, your name or address, your phone's contacts, your health information or the health information of anyone you're near.

Nobody will get any information about you or the time you were near them.

Download COVID Alert today



COVID Alert is Canada's free exposure notification app.



Available for iOS and Android

Together, let's limit the spread of COVID-19 and prevent future outbreaks.

COVID Alert helps us break the cycle of infection. The app can let people know of possible exposures before any symptoms appear.

That way, we can take care of ourselves and protect our communities.